

## The Girls' Guide to Understanding Guys

The Myth	The Truth	Explanation	What's a girl to do?
Guys need to feel loved.	Guys need to feel respected.	<ul style="list-style-type: none"> <li>◇ God made men to be leaders who desire respect more than love.</li> <li>◇ Most often, when a guy gets upset, it is because he feels he is being disrespected.</li> </ul>	<ul style="list-style-type: none"> <li>◇ Try to assume the best about guys, and respect guys when appropriate.</li> <li>◇ Teenage guys need to earn respect. Don't give respect where respect is not due.</li> <li>◇ Respect him and he'll do anything for you.</li> </ul>
Guys are confident.	Guys are insecure.	<ul style="list-style-type: none"> <li>◇ Guys appear confident on the outside, but on the inside, they are afraid being exposed as being fake or an impostor.</li> <li>◇ Guys tend to divert the attention away from their insecurity—typically by using humor.</li> </ul>	<ul style="list-style-type: none"> <li>◇ Give a guy an honest compliment, and it will do wonders for his self-esteem.</li> <li>◇ Show support for guys. If they know that people are 'in their corner,' they feel like they can do the right thing and conquer the world.</li> </ul>
Guys are tough.	Guys are tender and can be easily hurt.	<ul style="list-style-type: none"> <li>◇ Most guys act tough to avoid getting hurt—especially hurt by girls.</li> <li>◇ Most guys are asking the question, "Do I measure up?"</li> </ul>	<ul style="list-style-type: none"> <li>◇ Let guys show off their manhood, but help them to realize that there is more to being a man than acting 'tough.'</li> <li>◇ Don't be mean and vindictive on purpose.</li> </ul>
Guys are visual.	Guys are extremely visual.	<ul style="list-style-type: none"> <li>◇ It is difficult for guys to avoid "looking."</li> <li>◇ Guys have a database of images that they recall when they want to and when they don't want to.</li> <li>◇ Even when guys avoid looking at girls, they are constantly aware of what they are not looking at.</li> </ul>	<ul style="list-style-type: none"> <li>◇ Help guys resist temptation. Don't be the cause of it.</li> <li>◇ Be modest—but that doesn't mean you have to give up being 'cute.'</li> <li>◇ Be yourself. Don't buy into what the media tells you a girl is supposed to look like.</li> </ul>